

the perfect escape

- Gift certificates available
- Gentleman are always welcome
- During your visit, you will be provided with a robe and slippers as Spa apparel

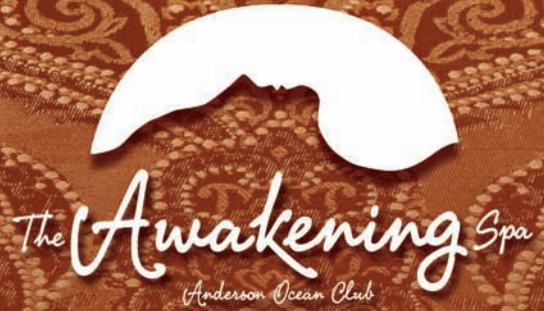


The Awakening Spa is located on the fourth floor inside the beautiful Anderson Ocean Club in Myrtle Beach, SC.

The Anderson Ocean Club is located at 2600 North Ocean Blvd. with in minutes from the Myrtle Beach Convention Center and across the street from Magnolia's at 26th.

For Awakening Spa appointments,
call 843-213-5370, Anderson Ocean Club
2600 North Ocean Blvd., Myrtle Beach, SC 29577
www.theawakeningspa.com

the perfect escape



The Awakening Spa at the exclusive Anderson Ocean Club is the perfect escape to rejuvenate both your mind and body. Leave the stress and worry at our front door and return home relaxed and invigorated.

Every one of our Spa services is customized by our professional staff to meet your individual needs in order to achieve the Inner Peace and Balance you desire.

Guests at Oceana Resorts receive a 10% discount on Spa services.



packages

Awakening the Mind, Body & Soul

Awakening Customized Body Wrap, Customized Facial, Spa Manicure/Pedicure, Shampoo and Style\$400.00

The Awakening

Awakening Facial, Awakening massage, Spa Manicure/Pedicure, Shampoo and Style\$340.00

The Gentlemen's Awakening

Deep Tissue Massage, His Best skin facial, Spa Manicure/Pedicure, Mineral Bath\$345.00

Mother & Daughter Massage

Share that special time together side side. Must be 16 years old\$180.00

Couples Massage with a Mineral Bath*

Relax and sooth the muscles side by side in our couples room\$235.00

Shirodhara Treatment*

Crystal Balancing and Hot Mustard Seed foot bath which boasts many wonderful therapeutic benefits, including enhanced blood circulation to the brain, improved memory, sounder sleep and a calmer body and mind\$85.00

The Awakening Facial & Massage*

With an Ion Cleansing to help awaken all your senses\$205.00

The Steamy Wonder & Cellulite Treatment*

A detoxifying treatment to help flush out any impurities and give your skin that smooth glowing appearance\$90.00

Aromatherapy Massage

You choose an Awakening blend of essential oils to be added during your massage and take the rest home to use at home either by pouring it into your bath tub or diffused into the air.\$125.00

**These packages may not be discounted: Only on the single services can we use discounts. Example: Massage only, Facials only etc.*

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nail care treatments

Spa Pedicure\$75.00
 Spa Manicure\$55.00
 Spa Manicure & Pedicure\$125.00
 Mini Manicure & Pedicure\$100.00
 Childs Manicure & Pedicure (Ages 5 & up)\$45.00
 Gentlemen Pedicure\$65.00

**Add an Ion Cleansing for an additional \$35.00*

hair care

****The Ladies Services**

Shampoo & Style\$35.00
 Shampoo & Cut\$50.00
 Special Occasion Up-do\$75.00 and up

****The Gentlemen Services**

Shampoo, Style and Cut\$40.00

Make-up

Professional make-up application\$55.00

Waxing

Lip, Chin or Eye Brow\$15.00

Fitness & Wellness Activities

Personal Training\$40.00
 Personal Training\$75.00

massage therapy

***Awakening Swedish massage\$100.00
 ***Neck, Back and Shoulder Massage\$65.00
 ***Couples Massage\$220.00
 ***Hot Stone Massage\$200.00
 ***Synchronized Four Handed Massage\$195.00
 ***Aromatherapy Massage\$110.00
 ***Deep Tissue Massage\$110.00
 ***Sports Extra Massage\$180.00

All Detoxifying Treatments are a wonderful add-on to any service.

Pregnancy Massage

A great way to relieve stress on your back and legs just before the baby arrives or a wonderful service to give to any expecting mother. (not recommended in during your first trimester)\$85.00

Ion/Cleansing (30min)\$45.00
 Ion/Cleansing (15min)\$25.00
 Herbal Mineral Bath – Helps heal, detoxify, balance and protect the skin\$55.00

Crystal Therapy

Crystal Therapy helps to release negative patterns in the body, allowing the physical body to return to a state of wholeness by using a quartz crystal\$50.00

Sunless Tanning

Our Moroccan Mineral Sunless Tan is an effective way to get the tan you desire without the harmful rays of the sun\$35.00

Awakening Massage & Crystal Therapy ...

Day Packages are available upon requests and availability.\$200.00

skin care treatments

Awakening His Best Skin Facial

This facial is designed for men who want more than just a great shave. Help to restore elasticity and firmness to your skin\$80.00

Awakening Skin Recovery Facial for Her Best Skin

This facial helps recover youthfulness in half the time while using a Crystal Clarity Microdermabrasion Crème\$125.00

Spa Teen Facial for His and Her Best Skin

This facial is to help treat oily and dry skin. Great for combination skin. HBS Pure & Simple cleansing lotion is used and all products are plant based and drug free\$90.00

Ultra-Gentle Facial for Sensitive Skin

This Facial is for Mature dehydrated skin. A complete facial without irritating sulfates, emulsifiers, preservatives, colorants, fragrance or harsh alcohols\$125.00

Visibly Clear Skin

This Facial controls break-outs before they become a problem with this drug free, plant-based treatment. Helps keep bacteria in check naturally, calms signs of redness and irritation\$90.00

All Spa Services and Prices are subject to change without notice. Add an Herbal Mineral Bath, Crystal therapy or Ion/Cleansing and really feel the difference.



body treatments

All Body Treatments are provided under a vichy shower. (Please do not shave 24 hours prior to services)

Body Polish

This treatment includes a body exfoliation done under a cascading vichy shower that helps reduce aging and drying skin and rejuvenates new cell growth. A hydrating lotion is applied after this treatment\$95.00

Awakening Herbal Mud Body Wrap & Massage

This treatment includes a body exfoliation with HBS pumpkin & Pumice body polish that helps with double-smoothing action to sweep away rough, dry, scaly skin. The Herbal Mud is then applied for detoxifying and firming of the skin. Which then follows an hour massage with HBS Pomegranate & White tea body cream that delivers remarkable silkiness to the entire body\$250.00

Awakening Customized Body Wrap

Each Customized Body Wrap is made to rejuvenate each individuals needs. This service begins with a body polish under a cascading shower and then a customized body wrap is applied. You will feel as though you just left a rain forest\$160.00

***Add a Scalp treatment to any service (10 min) \$25.00*

****20% service charge is added to all services.*