

The Awakening Spa at the exclusive Anderson Ocean Club is the perfect escape to rejuvenate both your mind and body. Leave your stress and worry at our front door and return home relaxed and invigorated.

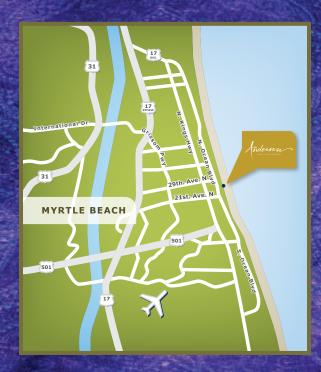
Every one of our spa services is customized by our professional staff to meet your individual needs in order to achieve the inner peace and balance you desire.







- Gift certificates available Gentlemen are always welcome



The Awakening Spa is located on the fourth floor inside the beautiful Anderson Ocean Club in Myrtle Beach, SC.

The Anderson Ocean Club is located at 2600 North Ocean Blvd. within minutes from the Myrtle Beach Convention Center and across the street from Magnolia's at 26th.

For Spa appointments and information call 843.213.5370 or visit TheAwakeningSpa.com

2600 North Ocean Blvd. Myrtle Beach, SC 29577

www.TheAwakeningSpa.com





Wassage herapy
Awakening Swedish Massage
A relaxing and rejuvenating massage with light pressure
\$100.00 - 1 h
Hot Stone Massage
Helps to aid in healing the joints while using warm heated stones
throughout your customized massage
\$135.00 - 1 h
Aromatherapy Massage
Your choice of essential oils that are used for healing purposes
during your massage with relaxing strokes. This is a
multi-sensory experience\$120.00 - 1 h
Dan Tingua Managan
Deep Tissue Massage An intense massage to aid in the healing of stressed or tight
muscles
museus \$120.00 In
Sports Extra Massage
An intense massage with deep strokes and manipulation
developed with the athlete in mind \$200.00 - 1.5 h

nights sleep. (Not recommended before the 2nd trimester)\$90.00 - 1 hr

Pregnancy Massage

Neck, Back and Shoulder Massage When you need a quick 30 minutes of relief from stress, this is the

Helps relieve sore tired legs and feet, as well as take pressure off

the lower back to help induce a state of relaxation and a good

A 15% service fee is added to all massage therapy



	Ion Cleansing
15 min	
<i>30 min</i>	\$45.00

Herbal Mineral Bath

Helps with sore tight muscles/detoxifies and exfoliates the skin while leaving it hydrated and nourished. (Great add-on before

During your visit, you will be provided with a robe and slippers as spa apparel



Awakening	His B	est Skin	Facial
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Designed for men who want more than just a great shave. Help to restore elasticity and firmness to your skin......\$80.00

Awakening Skin Recovery Facial for Her Best Skin

Help to recover youthfulness in half the time while using a Crystal Clarity Microdermabrasion Creme\$125.00

Spa Teen Facial for His and Her Best Skin

Help to treat oily and dry skin. Great for combination skin. HBS Pure & Simple cleansing lotion is used and all products are plant based and drug free\$90.00

Ultra-Gentle Facial for Sensative Skin

For mature dehydrated skin. A complete facial without irritating sulfates, emulsifiers, preservatives, colorants, fragrance or harsh

Visibly Clear Skin

Control break-outs before they become a problem with this drug free, plant-based treatment. Helps keep bacteria in check naturally and calms signs of redness and irritation \$90.00

Back Facial

Treating the entire back, neck, and upper arms, this service features deep cleansing and exfoliation, steam for hydration, and a body purifying mask. Great for brides, special occasions, and anyone with back acne \$85.00



All Body Treatments begin with a Mineral bath to begin the process of detoxifying and exfoliating the skin while soaking in Sea Salts and minerals form the sea.

Sunless Tanning

Receive a sunless glow from head to toe without fumes or harsh chemicals. This treatment will not stain your clothes or sheets. (Best performed before you retire for the night) . . \$65.00 - 45 min

Awakening French Green Sea Mud Body Wrap

Begin with a body exfoliation with our Foaming Skin Refiner to eliminate dead, dry skin. Next, your skin is drenched in our Sea Green Mud and Cellulite Sea Weed from Hawaii to help restore the skin's elasticity and deminish the effects of cellulite

\$250.00

Couple's Massage

Begin with a Mineral Bath together to help loosen and relax your muscles prior to your one hour massage, side by side, in our couple's suite. After your massage together, retreat back to our Infra-Red Sauna room to help boost your immune

Romance Package

Your Romance Package includes all the features of our popular Couple's Massage, and includes a keep-sake box of truffles and bottle of champagne to enjoy during your romantic Sea Salt Mineral Bath \$300.00

The Ultimate Balance

Begin with a Scalp Treatment of warm essential oil slowly poured over your forehead (crown chakra) and then gently massaged into your scalp. Next, receive a Crystal Therapy to help you relax and balance your body's energy centers. This will leave you in a state of pure relaxation and clarity of mind\$100.00 - 1 hr

Neck, Back, and Shoulder Hydrotherapy Release

Enjoy the calming effects of soft acupressure jets while privately soaking in our sea salts bath to help relieve the stress in your joints and relax the muscles in your neck, back and shoulders. Afterward, you will be whisked away for a 30

> Vouchers and Discount Coupons are not valid for use on Spa Packages

We can customize the perfect spa package for you! Personalized spa packages available upon request

