



The perfect escape

The Awakenings Spa at the exclusive Anderson Ocean Club is the perfect escape to rejuvenate both your mind and body. Leave your stress and worry at our front door and return home relaxed and invigorated.

Every one of our spa services is customized by our professional staff to meet your individual needs in order to achieve the inner peace and balance you desire.



The perfect escape

- Gift certificates available
- Gentlemen are always welcome



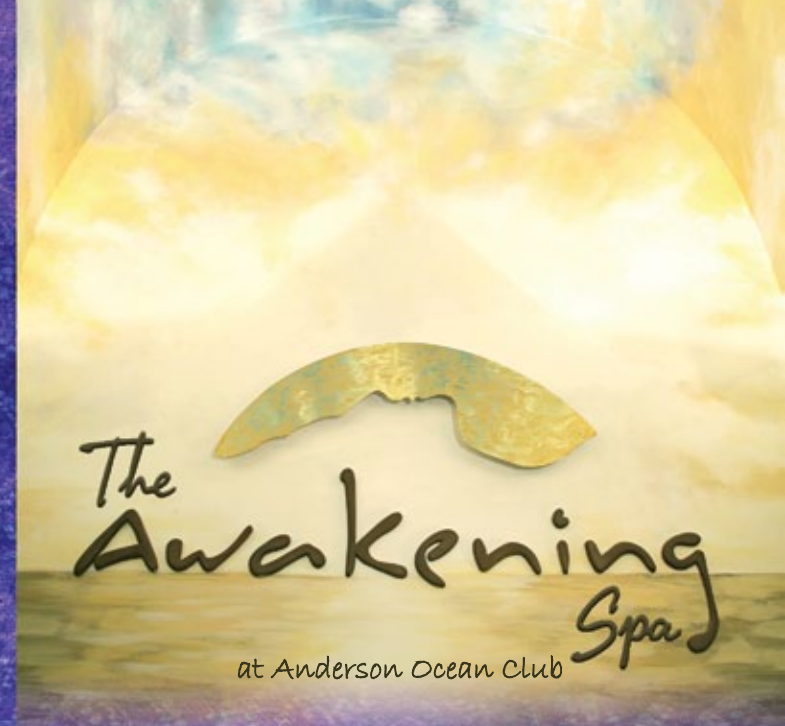
The Awakenings Spa is located on the fourth floor inside the beautiful Anderson Ocean Club in Myrtle Beach, SC.

The Anderson Ocean Club is located at 2600 North Ocean Blvd. within minutes from the Myrtle Beach Convention Center and across the street from Magnolia's at 26th.

For Spa appointments and information call 843.213.5370 or visit TheAwakeningsSpa.com

2600 North Ocean Blvd.
Myrtle Beach, SC 29577

www.TheAwakeningsSpa.com



The perfect escape

Massage Therapy

Awakening Swedish Massage

A relaxing and rejuvenating massage with light pressure
 \$100.00 - 1 hr

Hot Stone Massage

Helps to aid in healing the joints while using warm heated stones throughout your customized massage
 \$135.00 - 1 hr

Aromatherapy Massage

Your choice of essential oils that are used for healing purposes during your massage with relaxing strokes. This is a multi-sensory experience \$120.00 - 1 hr

Deep Tissue Massage

An intense massage to aid in the healing of stressed or tight muscles \$120.00 - 1 hr

Sports Extra Massage

An intense massage with deep strokes and manipulation developed with the athlete in mind \$200.00 - 1.5 hr

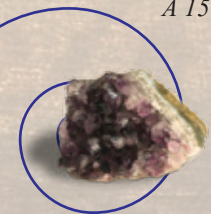
Pregnancy Massage

Helps relieve sore tired legs and feet, as well as take pressure off the lower back to help induce a state of relaxation and a good nights sleep. (Not recommended before the 2nd trimester) \$90.00 - 1 hr

Neck, Back and Shoulder Massage

When you need a quick 30 minutes of relief from stress, this is the perfect solution \$70.00 - 30 min

A 15% service fee is added to all massage therapy



Detox Treatments

Ion Cleansing

15 min \$25.00
 30 min \$45.00

Herbal Mineral Bath

Helps heal, detoxify, balance and protect the skin \$55.00

Crystal Therapy

A quartz crystal is used to release negative patterns, allowing the physical body to return to a state of wholeness \$50.00

Skin Care

Awakening His Best Skin Facial

Designed for men who want more than just a great shave. Help to restore elasticity and firmness to your skin
 \$80.00

Awakening Skin Recovery Facial for Her Best Skin

Help to recover youthfulness in half the time while using a Crystal Clarity Microdermabrasion Creme ... \$125.00

Spa Teen Facial for His and Her Best Skin

Help to treat oily and dry skin. Great for combination skin. HBS Pure & Simple cleansing lotion is used and all products are plant based and drug free \$90.00

Ultra-Gentle Facial for Sensitive Skin

For mature dehydrated skin. A complete facial without irritating sulfates, emulsifiers, preservatives, colorants, fragrance or harsh alcohols \$125.00

Visibly Clear Skin

Control break-outs before they become a problem with this drug free, plant-based treatment. Helps keep bacteria in check naturally and calms signs of redness and irritation \$90.00

Body Treatments

All Body Treatments are provided under a vichy shower.
 (Please do not shave 24 hours prior to services)

Sunless Tanning

Receive a sunless glow from head to toe without fumes or harsh chemicals. This treatment will not stain your clothes or sheets. (Best performed before you retire for the night) \$65.00 - 45 min

Body Polish

Removes dead, dry skin and visibly improves your skin's texture \$65.00

Awakening French Green Sea Mud Body Wrap

Begin with a body exfoliation with our Foaming Skin Refiner to eliminate dead, dry skin. Next, your skin is drenched in our Sea Green Mud and Cellulite Sea Weed from Hawaii to help restore the skin's elasticity and deminish the effects of cellulite \$250.00 - 1 hr

Packages

Couples Massage

Begin with a Mineral Bath together to help loosen and relax your muscles prior to your one hour massage, side by side, in our couples suite. After your massage together, retreat back to our Infra-Red Sauna room to help boost your immune system \$250.00 - 3 hr

The Ultimate Balance

Begin with a Scalp Treatment of warm essential oil slowly poured over your forehead (crown chakra) and then gently massaged into your scalp. Next, receive a Crystal Therapy to help you relax and balance your body's energy centers. This will leave you in a state of pure relaxation and clarity of mind \$100.00 - 1 hr

Neck, Back and Shoulder Hydrotherapy Release

Enjoy the calming effects of soft acupuncture jets while privately soaking in our sea salts bath to help relieve the stress in your joints and relax the muscles in your neck, back and shoulders. Afterward, you will be whisked away for a 30 minute massage \$110.00 - 1 hr

True Sensory Experience

Experience the NEW Skin Saver while we remove dead, dry skin from head to toe. We begin with a skin exfoliation with our HBS Foaming Refiner to help eliminate dry skin before we apply a French Green Sea Mud to help eliminate impurities and provide you with smoother, younger looking skin \$250.00

We can customize the perfect spa package for you!
 Personalized spa packages available upon request

During your visit, you will be provided with a robe and slippers as spa apparel

