



# The perfect escape

The Awakening Spa at Anderson Ocean Club is the perfect escape to rejuvenate both your mind and body. Leave your stress and worry at our front door and return home relaxed and invigorated.

Every one of our spa services is customized by our professional staff to meet your individual needs in order to achieve the inner peace and balance you desire.

- Gift Certificates Available
- Gentlemen Are Always Welcome

The Awakening Spa is on the fourth floor inside the luxurious Anderson Ocean Club oceanfront resort.

Anderson Ocean Club and Spa is located on Ocean Boulevard at 26th Avenue North in Myrtle Beach, just minutes from the Myrtle Beach Convention Center and across the street from Magnolia's at 26th.

For Spa appointments and information call **843.213.5370** or visit **www.TheAwakeningSpa.com**

2600 North Ocean Blvd., Myrtle Beach, SC 29577

**www.TheAwakeningSpa.com**



# Massage Therapy

## **Awakening Swedish Massage** - 1 Hour

A relaxing and rejuvenating massage with light pressure 100.00

## **Hot Stone Massage** - 1 Hour

Helps to aid in healing the joints while using warm heated stones throughout your customized massage 135.00

## **Aromatherapy Massage** - 1 Hour

Your choice of essential oils that are used for healing purposes during your massage with relaxing strokes. This is a multi-sensory experience 120.00

## **Deep Tissue Massage** - 1 Hour

An intense massage to aid in the healing of stressed or tight muscles 120.00

## **Sports Extra Massage** - 1 1/2 Hour

An intense massage with deep strokes and manipulation developed with the athlete in mind 200.00

## **Pregnancy Massage** - 1 Hour

Helps relieve sore tired legs and feet, as well as take pressure off the lower back to help induce a state of relaxation and a good nights sleep. (Not recommended before the 2nd trimester) 90.00

## **Neck, Back and Shoulder Massage** - 1/2 Hour

When you need a quick 30 minutes of relief from stress, this is the perfect solution 70.00

*A 15% service fee is added to all massage therapy*

# Skin Care & Facials

*All facial customers receive a complimentary 30 Day Skin Care Kit with any full priced facial treatment.*

## **Awakening His Best Skin Facial**

Designed for men who want more than just a great shave. Help to restore elasticity and firmness to your skin 80.00

## **Awakening Skin Recovery Facial for Her Best Skin**

Help to recover youthfulness in half the time while using a Crystal Clarity Microdermabrasion Creme 125.00

## **Spa Teen Facial for His and Her Best Skin**

Help to treat oily and dry skin. Great for combination skin. HBS Pure & Simple cleansing lotion is used and all products are plant based and drug free 90.00

## **Ultra-Gentle Facial for Sensitive Skin**

For mature dehydrated skin. A complete facial without irritating sulfates, emulsifiers, preservatives, colorants, fragrance or harsh alcohols 125.00

## **Visibly Clear Skin**

Control break-outs before they become a problem with this drug free, plant-based treatment. Helps keep bacteria in check naturally and calms signs of redness and irritation 90.00

## **Back Facial**

Treating the entire back, neck, and upper arms, this service features deep cleansing and exfoliation, steam for hydration, and a body purifying mask. Great for brides, special occasions, and anyone with back acne 85.00

# Packages

## **Couple's Massage**

Begin with a Mineral Bath together to help loosen and relax your muscles prior to your one hour massage, side by side, in our couple's suite. After your massage together, retreat back to our Infra-Red Sauna room to help boost your immune system 250.00

## **Romance Package**

Your Romance Package includes all the features of our popular Couple's Massage, and includes a keep-sake box of truffles and bottle of champagne to enjoy during your romantic Sea Salt Mineral Bath 300.00

## **The Ultimate Balance**

Begin with a Scalp Treatment of warm essential oil slowly poured over your forehead (crown chakra) and then gently massaged into your scalp. Next, receive a Crystal Therapy to help you relax and balance your body's energy centers. This will leave you in a state of pure relaxation and clarity of mind 100.00

## **Neck, Back, and Shoulder Hydrotherapy Release**

Enjoy the calming effects of soft acupressure jets while privately soaking in our sea salts bath to help relieve the stress in your joints and relax the muscles in your neck, back and shoulders. Afterward, you will be whisked away for a 30 minute massage 110.00

## **We can customize the perfect spa package for you!**

Personalized spa packages available upon request

*Vouchers and Discount Coupons are not valid for use on Spa Packages*

# Extra Services

## **Herbal Mineral Bath**

Helps with sore tight muscles/detoxifies and exfoliates the skin while leaving it hydrated and nourished. (Great add-on before any services) 55.00

## **Ion Cleansing**

15 Minutes 25.00 | 30 Minutes 45.00

**A variety of add on services and products are available. Please contact us for details.**



# Body Treatments

*All Body Treatments begin with a Mineral bath to begin the process of detoxifying and exfoliating the skin while soaking in Sea Salts and minerals from the sea.*

## **Sunless Tanning**

Receive a sunless glow from head to toe without fumes or harsh chemicals. This 45 minute process will not stain your clothes or sheets. Best when performed before you retire for the night. 65.00

## **Awakening French Green Sea Mud Body Wrap**

Begin with a body exfoliation with our Foaming Skin Refiner to eliminate dead, dry skin. Next, your skin is drenched in our Sea Green Mud and Cellulite Sea Weed from Hawaii to help restore the skin's elasticity and deminish the effects of cellulite 250.00

