

# THE AWAKENING EXPERIENCE

It is our belief that regular relaxation is a part of a healthy and happier lifestyle. Through self-care, we are able to engage in life again - to *awaken*. We invite you to experience your own personal awakening.



Awakening Spa is located on the fourth floor inside the luxurious Anderson Ocean Club in Myrtle Beach, SC.

CALL OR GO ONLINE TO SCHEDULE  
YOUR AWAKENING

(843) 213-5370

2600 NORTH OCEAN BLVD  
MYRTLE BEACH, SC 29577

[WWW.AWAKENINGSPA.COM](http://WWW.AWAKENINGSPA.COM)



THE SPA AT ANDERSON OCEAN CLUB



Anderson  
OCEAN CLUB AND SPA



## RESTART MASSAGE

All massage is available as either a 55 minute or 80 minute service unless otherwise noted.

### **Awakening Customized Massage \$110/\$165**

Relaxation and renewal combined. Our expert massage therapists use a variety of pressures customized to your personal needs.

### **Swedish Massage \$100/\$150**

Classic, soothing massage - Improves circulation, relaxes, and gently relieves muscle tension.

### **Deep Tissue Muscle Recovery Massage \$120/\$180**

This therapy focuses on a re-aligning of deeper layers of muscle and connective tissue. Ideal for guests with issues of chronic tension, the athlete, or those experienced with massage.

### **Couple's Massage \$220/\$330**

Relax and re-connect as you enjoy Swedish massages side-by-side in a couple's suite. Choose from an array of massage therapies to suit individual needs.

### **Warm Stone Massage \$135/\$200**

Our most requested service. Warm stones and gentle pressure create the perfect combination to relieve stress and tension in your muscles and joints.

### **Maternity Massage \$120**

Nurturing to both mother and child, extra care and attention are given to the mother's comfort and stage of pregnancy. Maternity massage is available for mothers-to-be once the first trimester is completed. 55 minutes.

### **Neck, Back and Shoulder Release \$85**

For those with limited time, a 25 minute massage targeted to relieve stress in the upper body.



## REJUVENATE FACIAL

### **Essential Facial \$100**

Performance-based skincare solutions blend the healing properties of plants with innovative, anti-aging ingredients. A customized facial that leaves the skin nourished and glowing.

### **Ageless Facial \$150**

Powerful anti-aging components and microcurrent technology give skin an instant uplift.

### **Oxygenating Facial \$150**

This high-potency facial, protects, restores and brightens. Results include a reduction in redness and an increase in moisture. Leaves skin with a bright, plump look.

### **Visibly Clear Facial \$135**

Unclog pores, soothe inflammation, prevent future breakouts and heal existing lesions with our anti-acne facial.

### **Express Facial \$85**

Cleanse, nourish and hydrate on-the-go. This facial is for well-maintained skin.

Ask about our waxing services and rates!

## BINGE PACKAGES

### **Couples Reconnect \$250\***

A private sea salt soak / Swedish Massages in our Couple's Suite. Add chocolate and Champagne for an additional charge.

### **Pure Indulgence \$275\***

The definition of bliss - three of our most popular services. Warm Stone Massage / Essential Facial / Aromatherapy Sea Salt Soak.

### **Ultimate Serenity \$395\***

Our most luxurious spa package. Aroma Sea Salt Soak / Awakening Massage / Essential Facial / Beautiful Body 1 OR 2.

### **Bliss Express \$175\***

For those on-the-go. 90 minutes. Neck, Back and Shoulder Massage / Express Facial / Sea Salt Soak.

\*May not be combined with any other discount or promotion.

Rates do not include taxes or fees. A 15% Service Charge will be added to all spa services at check-out. Additional gratuity is appreciated for exceptional service.

## INDULGE BODY & SKIN

### **Beautiful Back \$125**

Designed for the most neglected part of the body. Skin impurities are treated with exfoliation, a soothing masque and application of moisturizer, to leave the back silky smooth.

### **Beautiful Body 1: Wrap \$135**

Purify, hydrate and firm with our luxurious mud masque for the body.

### **Beautiful Body 2: Scrub \$135**

Reveal a softer, more supple glow using a sugar and jojoba based exfoliation, followed by a lavender body butter application.

### **1 + 2 = Beautiful Body Combo \$185**

Healthier, hydrated, firm, glowing skin revealed with this super-charged combo of wrap and scrub.

### **Body Bronze \$80**

A beautiful glowing, natural-looking tan, hand-applied for optimal coverage. Add exfoliation +\$35

## ENHANCE TREATS

Enhance your experience with optional upgrades that may be added to most spa services.

### **Mineral Bath \$55**

### **Aromatherapy for Bath or Body \$10**

### **Mint Mud Foot Masque \$20**

### **Exfoliation Package \$25**

### **Peppermint Scalp Massage \$20**

### **Hydrating Paraffin Hands or Feet \$15**

